

Bedroom Organization Plan

DATE _____

ROOM _____

One zone at a time, turn your bedroom back into a place to rest.

Clear the clutter first, then work zone by zone. Set a timer for 20 minutes and stop when it rings.

PAGE 1 OF 2

Clear the Clutter First

do this before you organize

- | | |
|---|--|
| ☐ Strip the bed & start a laundry load | ☐ Gather every cup, glass & dish to the kitchen |
| ☐ Collect all trash & recycling | ☐ Round up items that belong in other rooms |
| ☐ Pick everything up off the floor | ☐ Clear the top of every flat surface |
| ☐ Set out a donate box & a "relocate" basket | ☐ Bag clothes & shoes you no longer wear |

Surfaces & Dressers

tops & flat spaces

- ☐ Clear & wipe every dresser top
- ☐ Keep only 3-5 items on display
- ☐ Corral jewelry in a dish or tray
- ☐ Group lotions & perfume on a tray
- ☐ Add a catch-all dish for pocket items

Nightstand & Bedside

within arm's reach

- ☐ Keep out only lamp, book & water
- ☐ Add a small drawer organizer
- ☐ Give the phone one charging spot
- ☐ Tuck meds & glasses out of sight
- ☐ Toss old cups, wrappers & receipts

Closet & Wardrobe

hanging & folded

- ☐ Sort clothes by type, then by color
- ☐ Switch to matching slim hangers
- ☐ File-fold knits & jeans in drawers
- ☐ Move off-season clothes elsewhere
- ☐ Line up shoes on a rack or shelf

Under-Bed Storage

hidden square footage

- ☐ Measure clearance before buying bins
- ☐ Use flat lidded bins or zip bags
- ☐ Store off-season bedding & clothes
- ☐ Label each bin by what's inside
- ☐ Vacuum the floor while it's empty

Your bedroom is the last thing you see at night and the first thing you see in the morning, it deserves to feel calm. Progress over perfection: check off what you can today.

Bedroom Organization Plan

Finish the drawers & linens, then set the routines that keep it tidy.

BINS USED

BAGS OUT

Work through the last zones, then use the nightly and weekly resets to keep your bedroom clutter-free for good.

PAGE 2 OF 2

Dresser Drawers

one category per drawer

- ☐ Empty & wipe out each drawer
- ☐ Add dividers or small boxes
- ☐ Assign one category per drawer
- ☐ File-fold so you see every item
- ☐ Keep a donate bag close as you go

Bedding & Linens

keep it simple

- ☐ Keep two sheet sets per bed
- ☐ Store each set in its own pillowcase
- ☐ Wash & rotate the spare set
- ☐ Donate worn or mismatched linens
- ☐ Add a lavender sachet for freshness

Nightly 5-Minute Reset

every evening

- ☐ Clear the nightstand & surfaces
- ☐ Stray clothes to closet or hamper
- ☐ Fluff pillows & fold the throw
- ☐ Set out tomorrow's outfit
- ☐ Charge devices & dim the lights

Weekly Bedroom Reset

once a week

- ☐ Change & wash the bed sheets
- ☐ Dust surfaces & wipe the mirror
- ☐ Vacuum the floor & under the bed
- ☐ Empty the wastebasket
- ☐ Return any drifted items home

Items to donate, sell, or relocate

ZONES DONE

BINS USED

BAGS DONATED

HOW IT FEELS