

Laundry Room Labels

Print, cut on the dashed line, and stick one on every jar, bin & basket.

ROOM _____

DATE _____

Best on sticker paper or taped to decanted bottles. Add the scent or brand you use on the note line.

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Laundry Detergent

Regular • HE • liquid / powder / pods

SCENT _____

Fabric Softener

Rinse cycle • skip for towels

SCENT _____

Stain Remover

Pre-treat • let sit 5-10 min

TYPE _____

Oxygen Bleach

Whites & brights • color-safe soak

RATIO _____

Wool & Delicates

Cold water • gentle / hand wash

SCENT _____

Scent Booster

Add to drum before the load

SCENT _____

Dryer Sheets

One per load • not for towels

BRAND _____

Wool Dryer Balls

Reusable • add essential oil

OIL _____

Mesh Wash Bags

Bras, socks & small delicates

COUNT _____

Clothespins & Clips

For the line & drying rack

NOTES _____

Lint Rollers & Brush

Empty the dryer trap too

NOTES _____

Distilled Vinegar

Softens & freshens naturally

RATIO _____

Tip: decant detergent and softener into matching bottles, add these labels, and your laundry shelf instantly looks (and works) like a boutique.

Weekly Laundry Routine

A load a day keeps the mountain away, pin this card by the machine.

WEEK OF _____

HOUSEHOLD _____

Give each day a job so laundry never piles up. Jot the number of loads you run in the box.

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Load-a-Day Routine

loads

Mon • Sheets & bedding

Tue • Everyday darks

Wed • Whites & lights

Thu • Towels & linens

Fri • Delicates & hand-wash

Sat • Kids & sports gear

Sun • Catch-up & ironing

Sort-As-You-Go Baskets

label your hampers

- ☐ Whites, tees, socks, underclothes
- ☐ Lights, pastels & neutrals
- ☐ Darks, jeans, black, navy
- ☐ Delicates, bras, knits, silk
- ☐ Towels & bedding, wash hot

Wash-Day Steps

every load

- ☐ Check pockets & close zippers
- ☐ Pre-treat any stains
- ☐ Turn dark & printed items inside out
- ☐ Move to dryer / line promptly
- ☐ Fold or hang while warm

Stain Quick Guide

treat before washing

Grease / oil	Dish soap, work in, wash warm
Blood	Rinse cold, soak, never hot
Wine / juice	Blot, oxygen soak, cold wash
Coffee / tea	Rinse back of stain, then soak
Sweat / pit	Vinegar spray, then oxygen soak
Grass	Pre-treat, brush gently, warm wash
Ink	Dab alcohol, blot, then launder

Water Temperature

cheat sheet

Hot	Towels, sheets, whites, sickness
Warm	Everyday cottons & sturdy colors
Cold	Darks, brights, delicates, stains
Air-dry	Knits, activewear, bras, wool

Notes & reminders

LOADS THIS WEEK

LINE-DRIED

IRONED

CAUGHT UP?