

Monthly Calendar

Undated & reusable, fill in any month, any year, start again next month.

MONTH

YEAR

Write the number of the first day in its weekday box, then count across. Note plans, appointments and reminders in each square.

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

This Month's Focus

Top 3 Priorities

- 1
- 2
- 3

Important Dates

Notes & Reminders

Plan the month you can actually live, a few important things done well beats a page full of things half-done.

Month at a Glance

Set your goals, track your habits, and capture what matters this month.

MONTH

WORD OF THE MONTH

Fill in a habit on each row, then color or check a box for every day you keep it up. Add your own habits on the blank lines.

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Monthly Habit Tracker

check a box for each day you do it

Habit	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Drink water																															
Move / exercise																															
Read 10 minutes																															
Tidy 10 minutes																															
Gratitude / journal																															
Screen-free evening																															

This Month's Goals

what would make this a good month?

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____

To-Do This Month



Notes & Wins

